Privacy Policy

Effective Date: July 21,2025

This Privacy Policy describes how the Hypnos app handles your information. We value your privacy and are committed to protecting it.

1. No Personal Data Collection

Hypnos does not collect, store, or share any personal information from its users. We do not require you to create an account or provide any identifying details to use the app.

2. Dream Processing

When you enter and complete the dream data form, this data as well as the info you entrered during onboarding are sent an an LLM API to interpret the meaning behind your dream. The interpretation is therefore influenced by your age, genre and all the entered data. All data sent to the API is use solely for the purpose or interpreting the symbols behinf your dreams; and is never stored, shared or collected.
Please contaxt us if you have any questions regarding this section.

3. Use of OpenAI Services

We use OpenAI's LLM API to process and interpret dreamdata . By using Hypnos, you acknowledge that your dream data is sent to OpenAI solely for this purpose, and never stored elsewhere.

For more information, please review OpenAI's Privacy Policy: https://openai.com/policies/row-privacy-policy.

4. No Tracking or Analytics

Hypnos does not include any third-party analytics, tracking SDKs, or ad networks. We do not monitor your usage or behavior in the app.

5. Changes to This Policy

We may update this policy to reflect changes in our practices or legal requirements. The latest version will always be available in the app.

6. Contact

If you have any questions about this Privacy Policy, please contact: Baptiste Faure at baptiste.faure18@gmail.com.